



Teach your Process to Thrive

Now let's work out your process.

1 Keep notes

Write down all of the meta work that's going on in your head.

- What questions do you ask and what data do you look at?
- What thoughts do you flick through?
- Are there particular variables (individual elements in a situation) that you investigate?
- What options are you running through?
 - How do you decide which options are appropriate?
 - How do you decide which options are best?
- Is there a framework or model you use?
- Which parts of the process involve your client and which parts are just you and your method/logic?

Do this as you work through the process in a couple of situations to identify the system (repeatable actions/decisions).

NOTES do not have to be written. Try recording your thoughts and play them back later. You'll be surprised how much more information you collect from your spoken reflections. We are less likely to filter as we speak.

2 Draw

It accesses a different part of the brain to draw an idea and relationships between parts.

- Is it a straight line process where one part must happen before the next?
- Is it a cycle?
- Is it a network of ideas that looks more like a spider's web or a decision tree?

3 Ask a critical friend

Do you have one of those friends who asks great questions? Finds holes in ideas. Loves learning new things. Is honest.

Ask your friend to look over your process and see if they can see holes or gaps. Make sure they understand the sort of information that would be needed, what to do with that information, and how it would lead to the desired outcome.

It's a good idea to use all of these tools. Test the tool multiple times and note the outcomes.

Of course, you could always [work with me](#). I'm a very useful, fun and engaged critical friend who loves to learn.

Don't forget to consult a solicitor regarding a patent once your process is finalised.